

FEBRUARY 2024 MIDDLE SCHOOL BREAKFAST MENU

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
			FEBRUARY 1 Egg and Cheese on WG Bagel Assorted Fresh Fruit Variety of Milk	FEBRUARY 2 Egg & Cheese on WG English Muffin Assorted Fresh Fruit 100% Fruit Juice Variety of Milk
FEBRUARY 5 Egg and Cheese on WG Croissant Assorted Fresh Fruit 100% Fruit Juice Variety of Milk	FEBRUARY 6 Egg & Cheese on WG Pretzel Bun Assorted Fresh Fruit Variety of Milk	FEBRUARY 7 Fresh Baked WG Cinnamon Bun Assorted Fresh Fruit 100% Fruit Juice Variety of Milk	FEBRUARY 8 Egg and Cheese on WG Bagel Assorted Fresh Fruit Variety of Milk	FEBRUARY 9 Egg & Cheese on WG English Muffin Assorted Fresh Fruit 100% Fruit Juice Variety of Milk
FEBRUARY 12 Egg and Cheese on WG Croissant Assorted Fresh Fruit 100% Fruit Juice Variety of Milk	FEBRUARY 13 Egg & Cheese on WG Pretzel Bun Assorted Fresh Fruit Variety of Milk	FEBRUARY 14 Fresh Baked WG Cinnamon Bun Assorted Fresh Fruit 100% Fruit Juice Variety of Milk	FEBRUARY 15 Egg and Cheese on WG Bagel Assorted Fresh Fruit Variety of Milk	FEBRUARY 16 NO SCHOOL
FEBRUARY 19 NO SCHOOL	FEBRUARY 20 Egg & Cheese on WG Pretzel Bun Assorted Fresh Fruit Variety of Milk	FEBRUARY 21 Fresh Baked WG Cinnamon Bun Assorted Fresh Fruit 100% Fruit Juice Variety of Milk	FEBRUARY 22 Egg and Cheese on WG Bagel Assorted Fresh Fruit Variety of Milk	FEBRUARY 23 Egg & Cheese on WG English Muffin Assorted Fresh Fruit 100% Fruit Juice Variety of Milk
FEBRUARY 26 Egg and Cheese on WG Croissant Assorted Fresh Fruit 100% Fruit Juice Variety of Milk	FEBRUARY 27 Egg & Cheese on WG Pretzel Bun Assorted Fresh Fruit Variety of Milk	FEBRUARY 28 Fresh Baked WG Cinnamon Bun Assorted Fresh Fruit 100% Fruit Juice Variety of Milk	FEBRUARY 29 Egg and Cheese on WG Bagel Assorted Fresh Fruit Variety of Milk	

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AVAILABLE DAILY:

Fresh fruit: may include apples, oranges, bananas

Variety of Milk: unflavored 1% milk, unflavored fat free milk or fat free chocolate milk

DAILY ALTERNATE ENTREES

Overnight Oats

Assorted Breakfast Breads: may include banana, pumpkin or blueberry

WG Muffins: may include blueberry, chocolate chip or banana

Yogurt Parfait

Additional WG offerings may include mini pancakes, mini French toast or mini bagels

Assorted WG cereal may include WG Cheerios, WG Rice Chex, WG Honey Nut Cheerios, WG Cinnamon Chex, WG Cinnamon Toast Crunch, WG Cocoa Puffs

100% Fruit Juice: may include 100% apple, 100% orange, 100% grape or 100% fruit punch

M-W: Bagel with cream cheese

T-W-TH: Choc Chip Benefit Bar or Banana Benefit Bar

This institution is an equal opportunity provider. Menu subject to change without notice.

WG = Whole Grain

***All grains offered are whole grain rich**